



# Anger Management of the Upstate



March 2022

WHERE ARE WE NOW?

ISSUE #2

## 2022 1<sup>st</sup> Quarter in Review

Kady Jacobs CEO/Founder

### AUGUST 2021 – MARCH 2022

The Resolution and Enrichment Center (The R.E.C.) officially opened August 1, 2021. We are proud to announce that in this first quarter, we have had over 30 people sign up for services.

Like many businesses, the start of 2022 began with uncertainty due to COVID-19 Delta variant virus, making the provision of services to the community challenging. Anger Management of the Upstate was no exception. The community's safety is paramount at the Resolution & Enrichment Center (The R.E.C.). To meet the needs of our community, we made the decision to open our doors, providing services in person following CDC guidelines as well as providing services virtually for those who did not feel comfortable meeting in person or who had challenges getting into the office. Fortunately, we were able to serve more than 2 dozen people in the first quarter, with several successful completions.

### How do people become a part of the Resolution and Enrichment Center?

There are several ways that a person can become involved with Anger Management of the Upstate. A person can simply search for us on the internet and sign up directly on our [website](#). A person can also be referred from another agency. Typically, the agency would submit a referral form indicating the desired service and then we take it from there. We have received referrals from the Department of Social Services (DSS), the Solicitor's Office, the Upstate Fatherhood Coalition, Family Preservation, Family Court and even Henderson County, NC. A person can also call us at 864-402-9068 and we will be happy to assist you. Surprisingly, although our target audience is to meet court ordered requirements, most of the people we served have been self-referred; just reaching out because they want the help and support. Regardless to how you get to the Resolution and Enrichment Center (the R.E.C.), we are here to support and serve.



**Yelling doesn't get you heard, it just means you are loud.**

- Kady Jacobs

[www.angermanagementoftheupstate.com](http://www.angermanagementoftheupstate.com)

# Serving the Community

AUGUST 2021 – MARCH 2022

The Resolution and Enrichment Center held anger management classes (12-week, 20-week and a 26-week series). We also held Co-Parenting classes. There's a level of gratification that comes when people report that they have found the services beneficial and were glad they participated. Thank you for fueling us to continued quality service!

**We are accepting new clients!**



Like us and follow Anger Management of the Upstate on  **facebook.**

**We're your #1 choice for affordable Parenting and Anger Management.**

## Special Recognition



**Dr. Maude T. Jacobs**

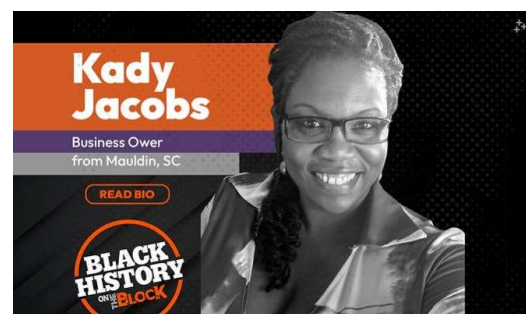
The Resolution & Enrichment Center (The R.E.C.) which houses the Anger Management of the Upstate program was dedicated, August 2021, to the mother of the founder, for her years of serving her community in St. Thomas, Virgin Islands. In honor of **Dr. Maude T. Jacobs**, a scholarship fund was also established to assist those who face challenges making payments for services offered at The R.E.C. such as classes like anger management and parenting.

**Dr. Maude T. Jacobs Scholarship Recipients  
January 2022 – March 2022**

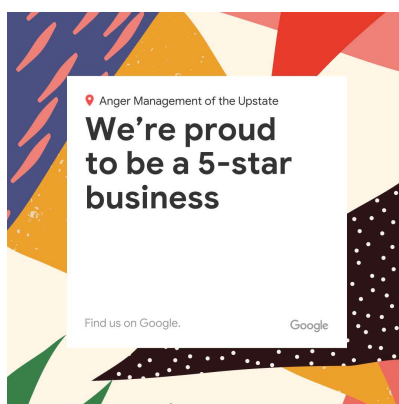
*M. Hill*  
*S. Dutton*  
*J. Wilson*  
*S. Turner*



In recognition for Women's Month



In recognition for Black History Month







## OUR GOAL

It is the goal of the Resolution and Enrichment Center (The R.E.C.) to gift those we serve with a safe, warm space that fosters personal reflection and growth. We take pride in having a space where people don't feel judged, but feel compassion and are heard.

We hope that we can double the number of people we serve by our first anniversary (August 2022). With the communities help and support, we can do it!



## Parenting Schedule

1 hr. sessions for 6 weeks

Cost: \$65 payment covers registration fee, 6-week series and cost of certificate.

Full payment made before beginning session series.

\$5 for certificate replacement or additional copies

\*must complete 5 out of 6 sessions to earn certificate

## Anger Management Schedule

20 hour curriculum / \$30 per session hours

\$15 registration fee (includes assessment questionnaire and certificate of completion)

Total for 20 week sessions = \$615

\*If 26 weeks is required, an additional 6 weeks of independent studies with assignments to be submitted along phone consultations will be conducted at a cost of \$10 per week.

Total for 26 week sessions = \$675

Kady Jacobs

CEO/Founder

864-402-9068

[www.angermanagementoftheupstate.com](http://www.angermanagementoftheupstate.com)

[www.facebook.com/AngerManagementoftheUpstate](https://www.facebook.com/AngerManagementoftheUpstate)